

The timeless rural heart of Japan

TONO

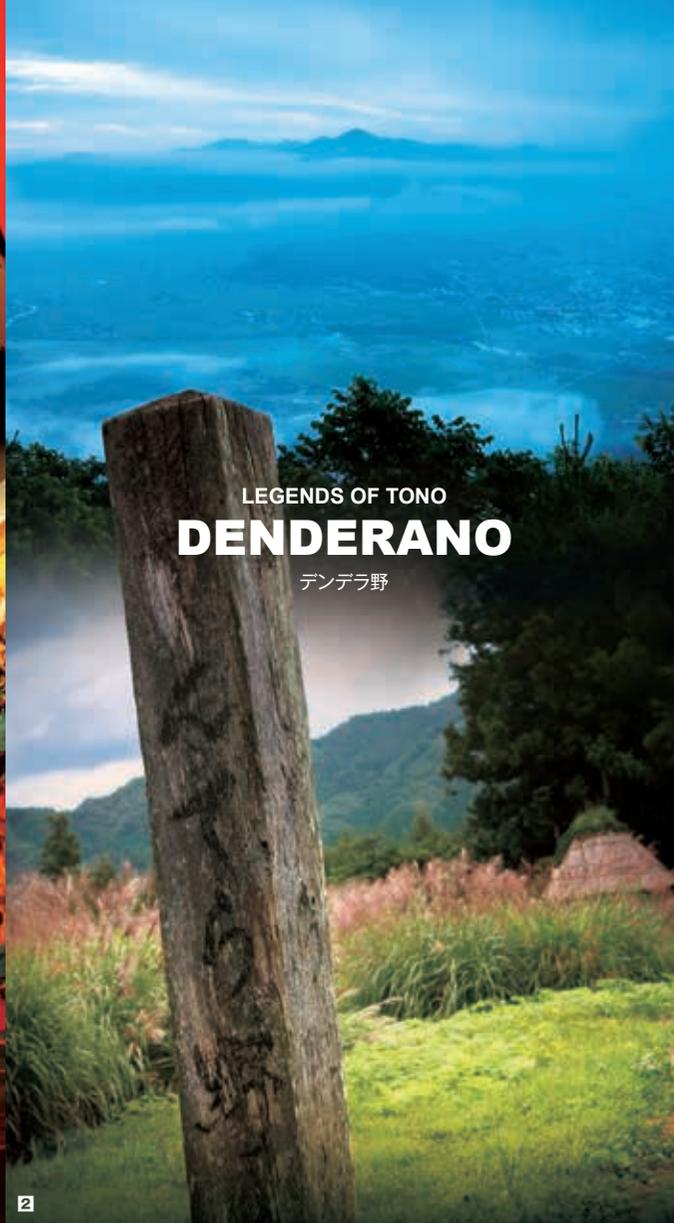
The timeless rural heart of Japan

Experience the original Japanese landscape

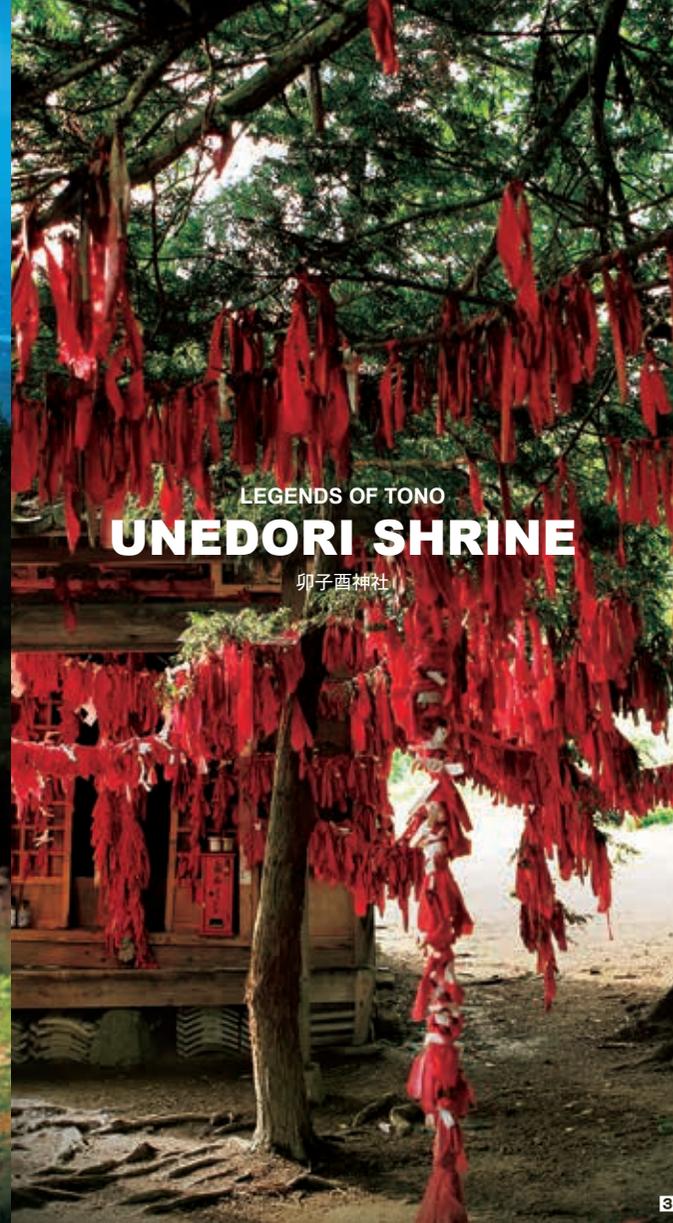




LEGENDS OF TONO
OSHIRASAMA
オシラサマ



LEGENDS OF TONO
DENDERANO
デンデラ野



LEGENDS OF TONO
UNEDORI SHRINE
卯子酉神社



LEGENDS OF TONO
ZASHIKI-WARASHI
座敷わらし

IWATE TONO

遠野

永遠の日本のふるさと

Tono is... The timeless rural heart of Japan

Tono is in the central west part of Iwate prefecture, enclosed by mountains and filled with nature.

Tono is the setting for “The Legends of Tono” a collection of ancient stories and myths, and is also a place where traditional Japanese ways of living, religion and culture are still part of everyday life.

For these reasons, it is often known as “The timeless rural heart of Japan.”

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1 Oshirasama : This is a tale of a single daughter who married the family's horse. The daughter's father was so angry he hung the horse from a mulberry tree and killed it, but the daughter was so aggrieved that she and the horse's head then ascended to heaven. Many old houses in Tono have an Oshirasama in their houses, and this is believed to have started with an image of a Shinto spirit made with this mulberry tree.

2 Denderano : In ancient times, Tono people were sent to a Denderano; a mountain hut far from the rest of the town; once they reached 60 years old. The elderly lived a frugal existence where they would come down from the mountain during the

day to help in the fields, then go back to their hut at night.

3 Unedori Shrine : People come here to tie pieces of red cloth to pray for luck in finding a marriage partner. It is said that if you can tie the red cloth with just your left hand you will have luck in finding your true love.

4 Zashikiwarashi : Many old houses have a Zashikiwarashi, a type of spirit, living in them. They appear from time to time, mostly looking like a small child. A family will be prosperous while they have one of these spirits living in the home, but their luck will soon turn bad if the spirit leaves.

The timeless rural heart of Japan
The four seasons in **TONO**

Spring in Tono Pleasure Spring

For northern places like Tono, spring, after a long cold winter, is a season of happiness.

Cherry blossoms and all other kinds of flowers are blooming, and farming starts with planting in the rice paddies and fields.

The town is alive and vibrant.



Photo 1: "The brilliant sky"; Ichiro Tanaka Photo 2: "Running along the sky"; Masakatsu Takahashi



Tono Cherry Blossom Festival

This is an event held when the cherry blossoms are at their peak in late April to early May that shows us what Tono was like around 390 years ago. There is a recreation of the local lord's procession as he enters the town, as well as a folk entertainment competition.



Start of Mt. Hayachine climbing season

Mt. Hayachine (1,917m) is considered to be a mountain of the gods, and a place of religious faith. The climbing season starts in the middle of June with many people coming to climb while there is still snow on the mountain.



Tohoku Horse Pull Competition: Tono Tournament

This is a time race where people bring their prized working horses from all over Tohoku to see which one can pull the heaviest weight the fastest. The horse and master must be as one as they bravely race along the straight 150 meter obstacle course.

What to do in Tono in spring

The best places to see cherry blossoms in full bloom are the trees lined along the Sarugaishi River, the thousand trees at Nabekura Park, and the cherry blossoms at Fukusen-ji Temple.

1 Cherry blossoms along the Sarugaishi River: Cherry blossom trees along the bicycle track between Route 283 and the Sarugaishi River. Near to the Tono Kaze no Oka roadside station.

2 Horses running alongside the "SL Ginga" steam locomotive: The SL Ginga runs on the JR Kamaishi Line, and only in Tono, home of horses, do you get an event like this where the horses welcome the train into the station.

3 The Nanbu lord procession: A parade to

recreate the arrival around 390 years ago of the Hachinohe Nanbu lord as he moved to Tono from Hachinohe in present day Aomori. This is performed as part of the Tono Cherry Blossom Festival held in late April each year.

4 Megane Bridge and the SL Ginga: One of the bridges on the JR Kamaishi Line, it was first built in 1915, with the bridge modified to its present form in 1943. The JR Kamaishi Line is said to be the inspiration for "Night on the Galactic Railroad", the famous work

of Kenji Miyazawa, the Iwate local children's story writer and poet. A 10 minute walk from JR Miyamori Station.

5 Umakkotsunagi: Horses made from rice straw (or horses drawn on paper) are placed near the rice paddy irrigation water entrance. The horses are for the god of farming to ride on. Also held mid-June at the tourist location Tono Furusato-Village, and anyone can participate.

Summer in Tono Surprise Summer

The dazzling green of the trees and grass under the bright summer sun. Summer in Tohoku is over so soon, so people enjoy it playing in the water or with fireworks displays. Plenty of summer events.



Kashiwagidaira Riverside Festival

Held at the end of July along the banks of the Sarugaishi River. There are many things to do, such as fish catching contests and concerts, as well as food corners and the sale of unique local products. A 10 minute walk from JR Kashiwagidaira Station.



Tono Summer Fireworks Festival

Held on August 15th each year. An event to bring color and energy to Tono's short summers. The fireworks are concentrated into a short and spectacular display, and the echo is something that can only be heard in a mountain valley like Tono.



Tono Genghis Khan Marathon

Held at the end of August each year. There are four courses including 3 km, 5 km, 10 km and half, with different classes by age and for family entries. After the race everyone can enjoy the famous local "Genghis Khan" lamb and vegetable BBQ.

What to do in Tono in summer

Tono is in a mountain basin and the summers are surprisingly hot, but the evenings are cool and extremely comfortable. There are many events and activities to do to enjoy the short Tono summer.

1 Tono Furusato Village: This is a tourist attraction where a traditional farming village has been recreated over a large site. Often used as a movie and television series shooting location. You can experience traditional Tono activities, plant dyeing and straw craft. A 20 minute drive from JR Tono Station.

2 Takashimizu Lookout: A great spot to look out over the Tono basin. Early in the morning is the best time, and if you are lucky,

you can view a sea of clouds below you. Approximately a one hour drive from JR Tono Station.

3 Kashiwagidaira Lake Resort: This resort is along the Sarugaishi River, and has cottages, restaurants and sports activities. You can enjoy mountain biking, waterfall climbing, BBQs and making soba noodles. A 5 minute walk from JR Kashiwagidaira Station.

4 Hop Harvest Festival: This is a beer and food festival to celebrate the hops produced

in Tono and the harvest of the fruits and vegetables grown here. There are around 10 kinds of beer and foods made using hops at this festival as well as live events and bus tours to visit and learn about the hop fields.

5 Guardian statue kappa at Joken-ji Temple: There is a story that kappa, or river sprites, live in the rivers near Joken-ji Temple. There are guardian statues on the temple grounds that look like kappa. You can tell because the top of their heads are dish-shaped.

The timeless rural heart of Japan
The four seasons in **TONO**

Autumn in Tono

Amazing Autumn

The Tono Festival, the biggest event in the Tono calendar, is held at this time. Usually after the festival the leaves change color and you can see the magnificent autumn leaves of Tono. The rice fields are a glorious golden color, as we approach the autumn harvest in the fields and in the mountains.



Photo 1 : "The echoing waterfall"; Ichiro Tanaka Photo 2 : "Lured by the autumn colors"; Takanori Doi



The Tono Festival

Held in the middle of September each year, 60 different forms of local folk entertainment parade through the city. The sight of so many people dancing in their traditional dress is particularly striking.



Mounted Archery Contest and Babameguri

A traditional mounted archery contest, or Yabusame, is held at the Hachimangu Shrine each year during the Tono Festival. Following the archery contest is a performance of traditional folk dances at the horse riding ground, or Babameguri.



Tono Local Produce Festival

Held at the start of October each year, this is an opportunity to buy some of the local foods, produce, and fresh vegetables, as well view local dances and performances on stage.

What to do in Tono in autumn

The Tono Festival, with all of its traditional folk entertainment, announces the start of autumn.

Welcoming and giving thanks for the autumn harvest, and the mountains progressively change color to reveal an exhilarating view.

1 Fudo Falls on Kotohata River: This location has been officially recognized as a Tono Heritage Site to be preserved and maintained for future generations. It is a famous location for viewing the autumn leaves. It is approximately 30 minutes from JR Tono Station by car.

2 SL Ginga : The SL Ginga bellowing smoke as it runs along the line, with the beautiful autumn backdrop. The nostalgic steam

locomotive is a perfect match for the Tono scenery.

3 Aragami Shrine: A small shrine with a thatched roof, surrounded by rice fields. One of the most famous images of Tono. It is approximately 8 minutes by car from JR Azasa Station.

4 Dried persimmons: The persimmons ripen in autumn, and dried persimmon is a traditional preserved food of the region. You can see many houses drying out persimmons under the eaves

in autumn (the photo can be seen at Denshoen Park; a place to learn about Tono's culture).

5 The autumn leaves of Fukusen-ji Temple: The largest wooden carving in Japan of Kannon, the Buddhist god of Mercy, is at this temple. The temple is famous as a wonderful place to see azaleas and cherry blossoms in spring, and then the fall leaves in autumn. It is approximately 12 minutes from JR Tono Station by car.

The timeless rural heart of Japan
The four seasons in **TONO**

Winter in Tono Wonder Winter

The heavy snow turns Tono into a winter landscape as far as the eye can see.
The harmony between the chill in the air and white snow makes for a majestic landscape.



Photo ❷ : "Weather the blizzard"; Ichiro Tanaka



Tono Dobekko Festival

Dobekko is a traditionally made cloudy, unrefined sake. The Dobekko Festival is when you enjoy the local foods and traditional storytelling while drinking dobekko. It is held at set times between mid-November and March.



Tono Dolls Festival

This is an event, held from mid-February until the start of March, where you can walk around the townhouses of Tono and see dolls on special display just for that time, that have been handed down in that house from generation to generation.



Otomocho "Naked Festival"

This is an event with over 300 years of history. At the end of February, the coldest time of the year, men dressed in nothing but a loin cloth make a procession through the town to pray for safety in the home and for an abundant harvest the next year. This is a 6 minute drive from JR Masuzawa Station.

What to do in Tono in winter

Winter is cold in Tono, and with heavy snow, but the winter landscape is exceptionally beautiful. But there are still many things to do, including some that you can only see or experience at this time of year, such as the Tono Dobekko Festival and the Otomocho "Naked Festival".

❶ **Megane Bridge (Miyamori bridge):** Megane Bridge is another famous Tono tourist destination. The bridge is illuminated at night making for a wonderful view which takes into the world of Kenji Miyazawa "Night on the Galactic Railroad".

❷ **The Nanbu Magariya (L-shaped farmhouse) Chiba Residence (undergoing repairs):** A Nanbu Magariya is a house where the house for the people and the horse barn are connected

together in an L-shape. The Chiba Residence is a representative Nanbu Magariya from the Edo period, and has been designated as an Important Cultural Property by the Japanese government. *Cannot view as undergoing repairs until 2026

❸ **Tono Folktales Festival:** This is a festival where the storytellers of Tono gather together to tell the folktales of the region. The echoing rustic dialect lures you into the mysterious world. Held at the end of February each year.

❹ **Tono Akabane Ski Resort:** The only ski resort in Tono. There are three courses, from beginner through to advanced that people of all ages and abilities can enjoy. The slopes are also lit up for night time skiing. It is approximately 15 minutes from JR Hirakura Station by car.

❺ **Having fun in the snow at Tono Furusato Murat:** During the season, both children and adults can enjoy a relaxing horse-drawn sled ride, sledging or trying on bamboo skis.



Wi-Fi available around Tono Station



Try and catch a kappa!



Sample Course

A family from overseas visits Tono

What would someone from overseas do in Tono...? An overseas family, living in Iwate, shows us what that might be like.

Convenient Rental Bicycles



Rental bicycles are the perfect way to relax and enjoy your time in Tono. People staying in the city can also get a discount (conditions apply). Location: Bicycle rental and return is at the Tono Tourism Association building in front of Tono Station.

Rental Times: 8:30~17:00
Fee: Same day return: 620 yen for 3 hours *100 yen per hour after that; maximum 7 hours and 1,020 yen.

Next day return: 1.5 days: 1,380 yen; 2 days: 1,840 yen
 * Electric assist bicycles are an extra 300 yen.



Relaxed cycling amongst the rice paddies.

1 Tono Tourism Association

● In front of Tono Station

The journey starts in front of Tono Station. Just in front of the station building is the Tono Tourism Association, where you will find all kinds of information about what to do in Tono, as well as accommodation and dining information.

5-8 Shinkoku-cho, Tono, Iwate
 ● Open hours: 8:30~17:30
 ● Regular holiday: 12/31-1/1
 ● mail/toiawase@tonojikan.jp



Start of the First day

In front of Tono Sta.



*The prices shown are March 2019 prices.

3 Kappabuchi Pool

● About 6 km from Tono Station

This is the stream that the Kappa is said to live in. On the bank there is a hokora (small shrine) where the God of breasts is said to be enshrined. If a woman with children makes a wish here, it is said she will produce plenty of breast milk.



Just next to the river is Joken-ji Temple. This temple also has a kappa tradition, and the stone guardians inside the temple grounds are actually in the shape of kappa.



2 Kuretsubo Soba Bangari itoke-ten

● About 400 m from Tono Station

Soba noodle soup that uses Tono-grown kuretsubo turnip; called "the ultimate condiment" in famous Japanese cooking magazines.

2-11 Chuodori, Tono, Iwate
 ● Opening hours: 11:00-15:00 / 17:00-19:00
 *Also available at the roadside station Tono Kaze no Oka, and at Tono Furusato Village.



Horse riding is fun!



4 Tono Home of Horses

● About 9.2 km from Tono Station

This horse farm raises horses for racing and for riding, and also gives people an opportunity to come in contact with horses. You can try horse riding, either self-led or being led by the trainer (advanced booking required).

4-120-5 Komagi, Matsuzaki-cho, Tono
 ● Opening hours: 10:00~15:00
 ● Closed on Mondays (following day if Monday is a holiday)
 ● Cost: horse riding experience: 3500 yen for 45 minutes; horse led on rope: 500 yen (5 minutes)



Farming guesthouse

First day goal



Happy to be here!



5 Farming Guest house

• Experience staying in a traditional farmhouse

This is where you can experience real Tono life staying at a traditional farmhouse. You will cook dinner with vegetables you pick yourself, and sleep on futons on traditional tatami mat floors. A little bit different from your normal hotel stay.



Farming guesthouse

Start of the second day

Genghis Khan BBQ bucket not available in winter.



Video will play



What you can experience during the home stay:

1 Today the family stayed at the Agri-tourism Ōmori Residence. First thing after check in was picking sweet and ripe cherry tomatoes. "We got so many!" 2 After getting back to the farmhouse was preparing for dinner. Dinner tonight was homemade pizza with the cut tomatoes as topping. 3 Lot of unique foods prepared by the mother of the house. All of them were delicious. 4 The family put out the futons themselves to get ready for bed. "Good night." 5 The next morning the family tried their hand at traditional lacquered papier-mache. 6 A great one night and two days finished all too soon, and time to stay goodbye. "Thanks for having us." "Come again!"



Experience life in real Japan.

*The prices shown are March 2019 prices.



6 Tono Furusato Village

• About 12 km from Tono Station

An authentic re-creation of the rural village of Tono, including over 200 year old Nanbu "Magariya" farmhouses, water wheels and vegetable fields. Often used as a location to shoot traditional Japanese movies and television shows. You can also try Tono's famous "Genghis Khan" lamb and vegetable BBQ at the restaurant in the village. Eat it from the Tono unique Genghis Khan BBQ bucket. More information on page 19. [MAP E2](#)  MAP

Tono Furusato Village Sample experience programs

- Straw craft workshop: 800 yen per person
- Plant dyeing experience: 1000 yen per person
- Ceramics experience: 700 yen per person
- Making soba: from 1200 yen per person

*Workshops will be held with as few as 5 people. Advance bookings are required.

7 Tono Station

• In front of Tono Station

Many tourists looking to visit nostalgic scenes of Japan and encounter ghosts and mythical creatures come through this stately and uniquely-styled station building every year. [MAP H1](#)  MAP



In front of Tono Sta.

Second day goal

Farm guest house facilities



Agriturismo Omorike

18-189-1 Tsuchibuchi, Tsuchibuchi-cho, Tono

Go out to the fields and experience farming (rice farming, tomatoes, various vegetables), make pizza and local dishes, try lacquered papier-mache (winter only), make ice-cream with seasonal fruits and vegetables. You can also eat foods made with the vegetables you picked yourself.



Koya Yauemon

54-41 Tassobe, Miyamori-cho, Tono

This nokaminshuku (farm guest house) is a Nanbu magariya (traditional L-shaped farmhouse) which is over 180 years old. If you wish, you can try various seasonal activities to experience the rural culture here including agricultural activities, stargazing and wood-chopping.



Nokaminshuku Mizuki

34-104-1 Shimomasuzawa, Miyamori-cho, Tono

Built in a great location with a wonderful view. In the workshop you can try your hand at straw crafts or making traditional objects out of nutmeg wood (all year round), as well as experiencing work in the fields (April~Nov). One of the highlights is making dinner using homegrown ingredients.



Nokaminshuku Suzukuri-tei

5-2-2 Hirakura, Kamigo-cho, Tono

A traditional guest house where you can experience some light farming (peanuts, flowers, vegetables), Japanese traditions like kimono, Japanese culture experiences, horse riding, as well as seasonal crafts and cooking.



Nokaminpaku Tsukushi Farm

5-60-2 Shimotsukimoushi, Tsukimoushi-cho, Tono

Tsukimoushi district, where Tsukushi Farm is located, is an area of Tono of incredible natural beauty on a plain at the foot of Mt. Hayachine. You can try your hand at harvesting seasonal crops here and enjoy fun activities in the snows of winter.



Tora (Tiger) Dance

This acrobatic dance began around 115 years ago to remember those from Tono who went off to fight in the Russo-Japanese War of 1904~1905.



Nanbu Bayashi

This is a dance which is said to have been modelled off the famous Gion Bayashi dance in Kyoto during the Edo Period in Japan (1603~1868). Young girls perform an elegant dance accompanied by the sounds of shamisens, flutes and taiko drums.

Grand Kagura (Performance for the Gods)

Originally a performance from the area around Kyoto that is said to predate even Noh performances, these dances are currently performed by 4 different troupes, mainly in the Daiku-cho area around Tono Station.



A collection of Tono traditional arts The rural heart of Japan Tono Festival

The Tono Festival, held at the end of September each year is the biggest event each year in Tono. It is a folk entertainment festival where you can see around 60 regional folk performances in one place. Visitors come from all over Japan each year to see the unique and vibrant performances.

Shishi (Deer) Dance

A traditional dance that represents Tono, with 15 groups dedicated to its continuation and preservation. Dancers put on a dramatic headdress to represent a deer and dance majestically to pray for a bumper harvest the next year.

Mikoshi (Portable Shrines)

The word "mikoshi" literally means "a vehicle for the gods," and is used to transport the gods that usually live in their permanent shrine. During the Tono Festival the gods come out from their shrines in these mikoshi and travel through the streets of the town.

A once in a year festival!



Sansa Dance

This is a traditional dance performed all over Iwate. The area that is now Iwate prefecture used to be ruled by the Nanbu clan, and this dance is unique to that area.



Kagura

This dance is an offering to the gods. 3 different schools of kagura dance have been handed down in Tono, and even when performing the same program, will have different masks, costumes and dances.



Unedori Shrine MAP D3

Said to be the home of the god of love, you can buy red cloth from the "honesty box" inside the temple, and it is believed you will be successful in love if you can tie the cloth to the tree with just your left hand.

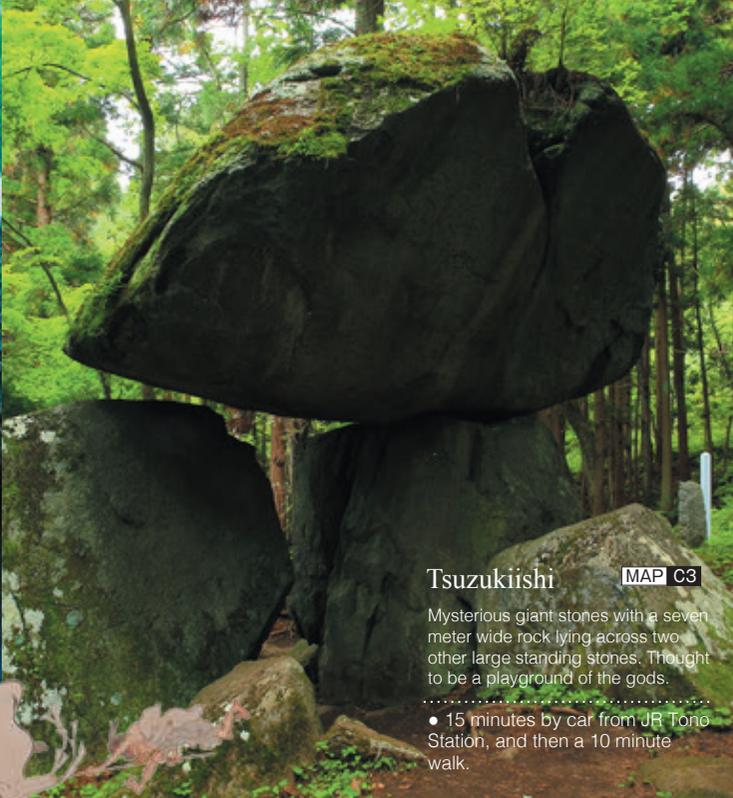
- 5 minutes by car from JR Tono Station.



Kappabuchi Pool MAP E3

A small stream where mischievous river sprites called kappa might still be living. They love to play tricks and scare people.

- 10 minutes by car from JR Tono Station, and then a 5 minute walk.



Tsuzukiishi MAP C3

Mysterious giant stones with a seven meter wide rock lying across two other large standing stones. Thought to be a playground of the gods.

- 15 minutes by car from JR Tono Station, and then a 10 minute walk.

“The Legends of Tono”

first published in 1910

This is a collection of tales from the Tono region, as told by Tono resident Kizen Sasaki and compiled by the famous Japanese folklorist Kunio Yanagita. One of the earliest examples of Japanese folkloristics, it is still widely read today.



Visit some of the locations from
“The Legends of Tono”



First published in 1910, “The Legends of Tono” is a collection of folktales and old stories from the region. There are many stories in the collection where mountain gods, ghosts and other mystical beings appear, and you can still see the settings for many of these stories in Tono today.



Denderano MAP E3

Legend has it that in years past, people would be driven out of their homes once they reached 60 years old and live together in these mountain huts. The story goes that they would come down to the village to help out in the fields during the day, receive miserly portions for their efforts, then go back to these huts at night to quietly wait out the rest of their days.

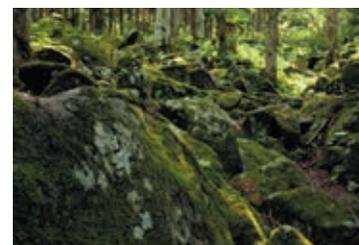
- 15 minutes by car from JR Tono Station.



Hayachine Shrine MAP D1

A small shrine at the base of Mt. Hayachine, where it is said the gods live. There is a festival each year on the 17th and 18th of July where kagura and shishi dances are performed to honor the gods.

- 50 minutes by car from JR Tono Station.



Gohyaku Rakan MAP D3
(500 Buddhist Disciples)

Around 230 years ago, there were a series of bad harvests which led to the death by starvation of a number of people. To comfort the souls of those who had passed away, the high priest of the nearby Daiji-ji temple engraved 500s of images of Arhat; a famous Buddhist monk who has attained Nirvana; onto stones in this area.

- 8 minutes by car from JR Tono Station, and then a 10 minute walk.

Property of Tono Municipal Museum



Oshirasama

Oshirasama is enshrined in many houses in Tono and has many roles, such as the god of silk making, god of eyesight, and others. The story tells of the love between a young girl and a horse, and the dolls are usually a young girl and horse's head pair made out of mulberry.

Tono, home of zashiki-warashi (child spirits)

Zashiki-warashi is a tale of child spirits that is often told in Iwate. These child spirits live in old houses, and anyone who sees one will have good fortune, with that house becoming wealthy and prosperous. Tono also has a long history of stories of these zashiki-warashi, and there is a festival to pray for zashiki-warashi at Hayachine Shrine at the end of every April.



The people who gave us “The Legends of Tono”

Kunio Yanagita
(1875.7.31 - 1962.8.8)



Born in Hyogo prefecture, he became a public servant in 1900 after graduating from Tokyo Imperial University and went around the entire country surveying farming villages. He wrote “The Legends of Tono” in 1910 after meeting Tono resident Kizen Sasaki. He dedicated himself to folkloristics after retiring from the public service in 1919, and is considered the founding father of this field of research.

Kizen Sasaki
(1886.10.5 - 1933.9.29)



Born in Tochimai-mura, Seinanhei-gun (now Tsuchibuchi in Tono), He grew up listening to folk tales and legends told to him by his grandfather. He met Yanagita Kunio when he went to university in Tokyo. After this, he returned to his hometown and continued to collect and research folk tales and due to his achievements in this field he became known as the ‘The Grimm of Japan’.

Kanori Ino
(1867.6.11 - 1925.9.30)



Born in Yokoda-mura, which is now Higashidate-cho in Tono, he travelled around Taiwan from 1895 to 1906 to anthropological research, and issued a wide range of papers. After returning to Japan, he again lived in Tono and devoted himself to the research of the local history, tales, and dialect.



Tono Furusato Village

The more you know of Tono, the more you enjoy it

Tourist facilities

There are 9 great places within the city to learn more about Tono's history and culture. There is also a shared "Tour Ticket" which makes it easier to see more of them.



1 Tono Furusato Village MAP E2

A full scale re-creation of the rural village of Tono, including traditional L-shaped Nanbu "Magariya" farm houses, water wheels and vegetable fields. Often used as a location to shoot traditional Japanese movies and television shows.

- 5-89-1 Kamitsukimoushi, Tsukimoushi-cho, Tono
- About 12 km or 20 minutes from Tono Station by car
- Open hours: 9:00~17:00 (last entrance: 16:00 from March to October; 15:00 from November to February)
- Open every day of the year
- Entrance fee: 540 yen for adults, 320 yen for high school students and below
- [HP] <http://www.tono-furusato.jp>



2 Denshoen Park MAP E3

This is a place to feel and experience what it was like living in Tono in times past. Here you can see the old Kikuchi residence (L-shaped Nanbu magariya farmhouse; national important cultural asset), Kizen Sasaki's memorial and Oshirado Hall.

- 6-5-1 Tsuchibuchi, Tsuchibuchi-cho, Tono
- About 5 km or 10 minutes from Tono Station by car
- Open hours: 9:00~17:00 (last entrance 16:30)
- Open every day of the year
- Entrance fee: Adults: 320 yen; elementary ~ high school students: 220 yen / storytelling performance (bookings required)
- E-mail: contact@densyoen.jp



3 Tono Municipal Museum MAP H2

This is where you should come first if you want to learn about Tono's nature, lifestyle and culture. The highlight is the theatre where you can experience for yourself the world of The Legends of Tono.

- 3-9 Higashidate-cho, Tono
- About 0.7 km or a 9 minutes walk from Tono Station
- Open hours: 9:00~17:00 (last entrance 16:30)
- Closed the last day of every month (also closed Mondays from Nov ~ Mar (*open if previous Sunday was a public holiday), document maintenance period (Nov 24~30, Jan 28~31), New Year's Eve/Day
- Entrance fee: 300 yen for adults, 150 yen for high school students and below
- E-mail: bunka@city.tono.iwate.jp

One ticket for both sites

4 Tono Folk Tale and Storytelling Center MAP H2

This is a place to learn about the background to Kunio Yanagita's life and his famous work "The Legends of Tono" and to experience Mr. Yanagita's connection to Tono.

2-11 Chuodori, Tono

- About 0.6 km or an 8 minutes walk from Tono Station
- Open hours: 9:00~17:00 (last entrance 16:30)
- Center may close as required
- Entrance fee: 500 yen for adults, 200 yen for high school students and below (also gives entry to Tono Castle Town Materials Museum, storytelling experience included)
- E-mail: shokou@city.tono.iwate.jp

5 Tono Castle Town Materials Museum MAP H2

On display here you can see swords and armor used by people who lived in Tono traditional farming houses, as well as daily utensils from merchants of the times. You can see what life would have been like in a castle town during the Edo period in Japan (1603~1868).

4-6 Chuodori, Tono

- About 0.5 km or a 7 minutes walk from Tono Station
- Open hours: 9:00~17:00 (last entrance 16:30)
- Closed Dec 29 to Jan 3
- E-mail: shokou@city.tono.iwate.jp



6 Takamuro Suikoen Park MAP E3

A recreation of old Tono's natural and built environment, but using water and light for localized, efficient energy. You can come just for the baths and dinner, or also stay in the traditional accommodation.

- 7-175-2 Kashiwazaki, Tsuchibuchi-cho, Tono
- About 8 km or 15 minutes from Tono Station by car
- Open hours: 10:00~16:00 / Bath: 10:00~21:00 (last entry at 20:00)
- Closed every fourth Monday (next day if public holiday)
- Admission price: General 320 yen, elementary & JHS students 220 yen
- Hot springs price: Adults 540 yen, Children 320 yen
- E-mail: suikouen@tonotv.com

Get even more value with a Tour Ticket to use at up to 5 of the locations below

- 1 Tono Furusato Village
- 2 Denshoen Park
- 3 Tono Municipal Museum
- 4 Tono Folk Tale and Storytelling Center & Tono Castle Town Materials Museum
- 5 Takamuro Suikoen Park (viewing only)
- 6 Fukusen-ji Temple
- 7 Tono Local Dolls and Folk Art Village
- 8 Godo no Satoyama

You can see up to 5 of these attractions at a discount of 1,290 yen (normally 2,180 yen) for adults, and 700 yen (normally 1,260 yen) for high school students and below (all prices include tax).

Tour tickets are on sale at each of the attractions, as well as these locations: Tono Tourism Association, Tono Kaze no Oka roadside station, Aelia Tono and Minshuku Tono *Tour tickets not on sale at Tono Castle Town Materials Museum

you'll be a Tono expert



7 Fukusen-ji Temple MAP E3

There are so many things to see here, such as one of Japan's largest wooden carvings of Kannon, the Buddhist god of Mercy, as well as a two storied pagoda and five storied pagoda. It is also famous as a beautiful place to view cherry blossoms in spring, as well as autumn leaves in fall.

- 7-57 Komagi, Matsuzaki-cho, Tono
- About 8.5 km or a 12 minutes walk from Tono Station
- Open hours: 8:00~17:00 (closed January ~ March)
- Entrance fee: Adults: 300 yen; junior high school and high school students: 250 yen; elementary school students: 200 yen (when coming in by car, 500 yen per adult only)



8 Tono Local Dolls and Folk Art Village MAP E3

This is a place that collects and preserves "Tsukimoushi dolls"; dolls that have been made in the Tono region since the Edo period (Tsukimoushi is an area that is now part of Tono).

- 42-8-6 Nukamae, Aozasa-cho Tono
- About 7.5 km or 15 minutes from Tono Station by car
- Opening hours: 9:00~16:30
- Closed on Tuesdays (may close other days as required)
- Entrance fee: 260 yen for adults, 210 yen for high school students, 160 yen for junior high school and elementary school students



9 Godo no Satoyama MAP E3

There is a magariya (traditional L-shaped farmhouse), restaurant, tea rooms and temple amongst other attractions dotted around this 8.5ha parkland. You can also try your hand at some Japanese traditional cultural activities in the facilities here.

- 18-5, Aozasa-cho Nukamae, Tono
- About 4km and 7mins by car from Tono Station
- Opening hours: 10:00AM-5:00PM (last entry 16:00)
- Closed: No set days off.
- Admission price: General 500 yen, high school students and younger 300 yen

* The prices shown are March 2019 prices.

\ tono gourmet /
**Restaurant
 Information**

Enjoy Tono's unique dishes



Travel around Tono and enjoy its delicious cuisine to the full.

The biggest attraction to look forward to in Tono is its food. Tono, a historical town rich in natural beauty, is a town where a unique food culture has taken hold. Come and enjoy to the full Tono's gourmet dishes that can only be eaten here including Tono Jingsukan (barbequed lamb).



Jingsukan

"Genghis Khan" lamb and vegetable BBQ is Tono's signature eating experience. The cooking is done on a unique dome shaped hot plate. Originally from Hokkaido, Tono-style Genghis Khan BBQ is becoming popular throughout the country. The low-calories lamb is better for you than beef or pork. Every restaurant has their own unique sauces and meat cuts.

* Photographs for illustration purposes only.



Jingsukan Anbe

2-4-12 Hayase-cho, Tono
 ● Opening hours: 10:00~19:00
 ● 4 minutes by car from JR Tono Station

MAP D3



Tono Jingsukan Hitsujimaru Michi

19-62-1 Shiraiwa, Matsuzaki-cho, Tono
 ● Opening hours: 11:00~14:30 & 17:00~22:00 Last entry 21:00 L.O 21:30
 ● 6 minutes by car from JR Tono Station

MAP E3



Maruman Jingsu-kan

1-8 Chuodori, Tono
 ● Opening hours: 18:00~22:00
 ● 4 minute walk from JR Tono Station

MAP H2



Tono Shokuniku Center

20-13-1 Shiraiwa, Matsuzaki-cho, Tono
 ● Opening hours: 11:00~20:30(L.O)
 ● 6 minutes by car from JR Tono Station

MAP E3



Wasabi (horseradish)

This wasabi that can only grow in pristine, clear streams is a pride of Tono. Tono produces the most wasabi in Tohoku.

TONO

Japanese food & restaurant bars (izakayas)



Nihonryori Shunsai Wada

2-12 Shinkoku-cho, Tono
 ● Opening hours: Dinner: 17:30~21:00 & Lunch: 11:30~14:30
 ● 2 minutes walk from JR Tono Station

MAP H1



Sumibiyaki Kataribe

6-28 Shinkoku-cho, Tono
 ● Opening hours: 18:00~22:30
 ● 2 minutes walk from JR Tono Station

MAP H1



DeN -Kakurega-

7-13 Shinkoku-cho, Tono
 ● Opening hours: 17:30~23:00
 ● 1 minute walk from JR Tono Station

MAP H1



Koiakari

6-32 Shinkoku-cho, Tono
 ● Opening hours: 18:00~24:00
 ● 2 minutes walk from JR Tono Station

MAP H1



Tono Shokuraku Ichiba Ichii

10-10 Chuodori, Tono
 ● Opening hours: Tues-Thur 17:30-22:30; Fri, Sat 17:30-23:00; Sun 17:30-22:00
 ● 3 minutes walk from JR Tono Station

MAP H2



Kuishinbo Chikara

10-4 Chuodori, Tono
 ● Opening hours: 18:00~23:00
 ● 2 minutes walk from JR Tono Station

MAP H2

Hitsumi Dumpling Soup

The best hitsumi soup in Tono is the chicken broth. You can buy hitsumi ready to eat, but you can also get some semi-ready hitsumi at the roadside station.



TONO **Sushi**



Sushi Kimura

6-30 Shinkoku-cho, Tono
 ● Opening hours: 11:30~14:00 & 17:00~22:00 ● 2 minutes walk from JR Tono Station

MAP H1



Sushi Beniya

2-15 Shinkoku-cho, Tono
 ● Opening hours: 17:30~23:00
 ● 2 minutes walk from JR Tono Station

MAP H2

TONO **Restaurants with a rich variety of dishes**



Shamuneko-tei

18-16 Kamiyaori, Ayaori-cho, Tono
 ● Opening hours: 11:00~19:30
 ● 20 minutes by car from JR Tono Station

MAP C3



Takumi

1-15 Koku-cho, Tono
 ● Opening hours: 11:30~14:00 / 17:00~20:00
 ● 4 minutes walk from JR Tono Station

MAP H1



Bangari

1-36-1 Tomae, Aozasa-cho, Tono
 ● Opening hours: 11:00~20:00 (restaurant will close when out of broth) ● 7 minutes by car from JR Tono Station

MAP E3



Koyomina

4-6 Chuodori, Tono
 ● Opening hours: 11:00~14:00 & 17:00~23:00
 ● 4 minutes walk from JR Tono Station

MAP H2



TONO
Pubs &
Bars



Tono Brewing TAPROOM

10-15 Chuodori, Tono ● Opening hours:
Mon, Weds, Thurs, Fri 17:00-22:00; Sat
12:00-22:00; Sun 12:00-21:00
● 3 minutes walk from
JR Tono Station **MAP H2**



Bar-Breton

7-2 Shinkoku-cho, Tono ● Opening
hours: Sun, Mon, Thurs, 20:00~12:00;
19:00~close Fri, Sat ● Closed: Weds
● 1 minute walk from
JR Tono Station **MAP H1**



Topia Kamifusen

1-11 Shinkoku-cho, Tono
● Opening hours: 9:00~19:30
● 4 minutes walk from
JR Tono Station **MAP H1**



On-café

4-26 Chuodori, Tono
● Opening hours: 11:00~17:00
● 5 minute walk from
JR Tono Station **MAP H2**

Hops

Tono is an important large production area of hops in Japan. The cool climate here along with being sheltered from the winds due to the basin topography gives birth to high quality hops.

TONO
Coffee shops
and Snacks



**Michael's Café
American**

(inside Tabi no Kura)
5-8 Shinkoku-cho, Tono
● Opening hours: 11:00~17:00
● 1 minute walk from
JR Tono Station **MAP H1**



Graton

19-47-1 Shiraiwa, Matsuzaki-cho, Tono
● Opening hours: 11:00~19:30
● 6 minutes by car from
JR Tono Station **MAP E3**



Taigetsu

3-1 Shinkoku-cho, Tono
● Opening hours: 10:00~21:00
● 1 minute walk from
JR Tono Station **MAP H2**



Coco Kana

2-1 Chuodori, Tono
● Opening hours: 10:30~22:00
● 6 minutes walk from
JR Tono Station **MAP H2**



Kuretsubo kabu (turnip)

Kuretsubo kabu featured in a famous comic book about fine foods. It's a fantasy-like turnip that is only grown in the Kuretsubo district in Tono. Its strong, sharp taste makes it a perfect condiment with soba noodles.



Commons Space

5-32 Chuodori, Tono
● Opening hours: 10:00~19:00
● 4 minutes walk from
JR Tono Station **MAP H2**

Keiran

This is made by covering red bean paste in rice flour and then boiling it. It's a local food that is eaten at special times and occasions including Little New Year (Jan. 15th) and when welcoming guests.

**Baniku
(Horse Meat)**

Tono has a long history with horses, and is the home to some of Japan's best "baniku", or horse meat. It can be eaten either raw or grilled.



**Tono Soft
serve ice cream**

An assortment of unique flavors including Tada Katsuhiko Natural Farm soft serve ice cream from the roadside rest area Michi-no-Eki Kaze-no-Oka; wasabi soft serve ice cream from roadside rest area Michi-no-Eki Miyamori; and doburoku (unrefined cloudy sake) soft serve ice cream from Takamuro Suikoen Park.



Wasabi
Ice cream



Miyamori Roadside Station

30-37-1 Shimomiyamori, Miyamori-cho
● Opening hours: 9:00~18:00
● 26 minutes by car from
JR Tono Station **MAP B3**



Tono Kaze no Oka Roadside Station

8-2-1 Nissato, Ayaori-cho, Tono
● Opening hours: 11:00~17:00
● 9 minutes by car from
JR Tono Station **MAP D3**



TONO Restaurants with a rich variety of dishes



Kajana Korean Kitchen

10-13 Chuodori, Tono
● Opening hours: 11:30~14:00 &
17:30~21:00
● 3 minutes walk from
JR Tono Station **MAP H2**



Gingatei Restaurant

30-37-5 Shimomiyamori, Miyamori-cho,
Tono ● Opening hours: 9:30~16:00
● 26 minutes by car from
JR Tono Station **MAP B3**



Bangari Itoke-ten

2-11 Chuodori, Tono
● Opening hours: 11:00-15:00;
17:00-19:00
● 5 minutes walk from
JR Tono Station **MAP H2**



Kantonchubo

21-46-33 Shimomasuzawa,
Miyamori-cho, Tono ● Opening
hours: 11:00~14:00; 17:00-20:00
● 21 minutes by car from
JR Tono Station **MAP B4**



Bangari Topia-ten

1-11 Shinkoku-cho, Tono
● Opening hours: 11:00~19:30
● 3 minutes walk from
JR Tono Station **MAP H1**



NōTO GENERAL STORE

2-24 Kamikumichi-cho, Tono
● Opening hours: Mon, Tues 11:00-21:00;
Fri, Sat 11:00-23:45; Sun 8:00-19:00
● 5 minutes walk from
JR Tono Station **MAP H1**

Doburoku

Doburoku is a kind of cloudy sake, but in Tono, it is called "dobekko".

Tono is the best place to enjoy this unique kind of sake, which has been passed down unchanged through the generations here.

Dobekko is made at four locations in Tono.



Tono Soba

A rich and strong flavor Tono soba is known for having quite a firm texture and mixing the soba with locally grown Tono wasabi or other condiments only makes it taste even better.



Akegarasu

A delicious and flavor filled Japanese sweet made from rice flour, sesame and walnuts, this is the must-get souvenir from Tono.

Each store has their own special variety so it's worthwhile comparing them all.



* Photographs for illustration purposes only.



* Photographs for illustration purposes only.



Jam

Jam made from 100% natural ingredients including Tono grown fruits. The no-additive jams are the most popular.



Juice

100% all natural juice made with locally grown fruit and vegetables. The flavor of the ingredients comes through strongly, yet the juices are still very easy to drink.

Wood Carved Kappa



Carvings of kappa made from local Tono wood. The key holders and other small decorative items are the most popular. The different kinds of woods used give a different appearance and charm.

Souvenirs to get in Tono

Unique souvenirs you can get in Tono are a great way to remember your time here.

Kirin First Press Beer with freshly harvested Tono hops

Tono is the number one hops growing region in Japan, and this is a draft beer made from freshly harvested Tono hops. Sold in limited numbers from autumn each year.



* Photographs for illustration purposes only.

Local Beers

Lovingly made craft beer using malt and high quality locally grown hops. A strong, European flavor and aroma.



Japanese Sake

Tono has great tasting water and rice, so the Japanese sake tastes great as well. Tono boasts over 200 years of sake making history, and the tastes and aromas are superb. The unique Tono bottles are also popular with tourists.



Mountain Grapes Wine

This is wine made from mountain-grown grapes. Sweet and easy to drink, this wine is becoming very popular amongst women.



Pickled vegetables from local folktales

Pickled Wasabi

Pickled Vegetables

A wide range of pickled vegetables; from the standard fare to more unique items; you can taste for yourself the quality and creativity from the local manufacturers. Most people come back for more.



Kappa Goods

Tales of the kappa still live strongly in Tono, and there are many kappa items you can only get here.



Torn Yarn Weaving

Fabric made from finely torn material, this was traditionally made from old clothes used in the house. The cloth and coasters are particularly popular.

TONO YADO

Tono accommodation facilities for sightseeing trips

Hotel

AERIA Tono

1-10 Shinmachi, Tono



MAP H2

- No. rooms: 62
- No. parking spaces: 23+
- Price (1 night, 1 meal): 8,228 yen~ (inc. tax)
- <http://www.aeria-tohno.com>
- E-mail: aeria@aeria-tohno.com

Hotel

Hotel Kikuyū

4-25 Shinkoku-cho, Tono



MAP H1

- No. rooms: 27
- No. parking spaces: 20
- Price (1 night, 1 meal): 7,020 yen (inc. tax)
- <http://www.kikuyuu.com>
- E-mail: kan47@rese.ocn.ne.jp

B&B

B&B Café Yamagara Bunko

31-47-32 Tono-cho, Tono



MAP D3

- No. rooms: 3
- No. parking spaces: 3
- Price: 3,500 yen (inc. tax) for Japanese or western room; 2,500 yen (inc. tax) for shared room; Breakfast: 700 yen (separate fee)

B&B

B&B Kuranoya

3-145-136 Kokoji, Matsuzaki-cho, Tono



MAP D3

- No. rooms: 5
- No. parking spaces: 7
- Price (1 night, 1 meal): 6,300 yen~ (inc. tax)
- <http://www.kuranoya-tono.com>
- E-mail: kuranoya@tonotv.com

Ryokan (traditional Japanese inns)

Masuda Ryokan

3-12 Chuodori, Tono



MAP G2

- No. rooms: 10
- No. parking spaces: 10
- Price (1 night, 1 meal): 6,200 yen (inc. tax)

Ryokan (traditional Japanese inns)

Ryokan Hirasawaya

8-5 Chuodori, Tono



MAP H2

- No. rooms: 10
- No. parking spaces: 15
- Price (1 night, 2 meal): 7,560 yen~ (inc. tax)
- E-mail: hirasawaya@cpost.plala.or.jp

Accommodation Options

- * Feel free to eat at the local restaurants when staying at one of the B&Bs (bed & breakfast)
- * People staying in the town get a bicycle rental discount (if bicycle returned the same day). Discount coupons available at the hotel or B&B.



Credit cards accepted



English speakers welcome



Internet access available



Wi-Fi

* The prices shown are March 2019 prices.

Ryokan (traditional Japanese inns)

Fukuzanso Ryokan

5-30 Chuodori, Tono



MAP H2

- No. rooms: 18
- No. parking spaces: 14
- Price (1 night, 1 meal): 7,020 yen (inc. tax)
- (1 night, 2 meal): 7,560 yen (inc. tax)

Ryokan (traditional Japanese inns)

Tokutaya Ryokan

4-3 Muika-machi, Tono



MAP G2

- No. rooms: 13
- No. parking spaces: 20 (inc. for large vehicles)
- Price (1 night, 1 meal): 5,000 yen~ (inc. tax)
- Equipped with WLAN

Minshuku (traditional Japanese inns)

Koyado Shamuneko-tei

18-16 Kamiyaori, Ayaori-cho, Tono



MAP C3

- No. rooms: 2 (6 people)
- No. parking spaces: 4
- Price (1 night, 1 meal): 4,600 yen~ (inc. tax)
- (1 night, 2 meal): 6,500 yen~ (inc. tax)

Minshuku (traditional Japanese inns)

Minsyuku Rindo

2-34 Daiku-cho, Tono



MAP G2

- No. rooms: 9
- No. parking spaces: 12; 1 bus space
- Price (1 night, 1 meal): 6,700 yen (inc. tax)
- <http://www.v-toono.jp/rindou/>
- * Internet access available on the 2nd floor

Y.H.

Tono Youth Hostel

13-39-5 Tsuchibuchi, Tsuchibuchi-cho, Tono



MAP E3

- No. rooms: 6 ■ No. parking spaces: 10
- Price (1 night, no meal): Japanese 3,800 yen~ 4,800 yen (inc. tax) non-Japanese 3,400 yen~ 4,400 yen (inc. tax) Dinner: 1,200 yen; Breakfast: 600 yen. <http://www.tono-yh.com/>
- E-mail: yh-mail@tono-yh.com

Cottages

Cottage Land Kashiwagi

21-90-1 Shimomiyamori, Miyamori-cho, Tono



MAP B4

- No. cabins: 15
- No. parking spaces: 40
- Price (1 night, no meal): 7,720 yen base fee + 1,550 yen per person
- <http://www.kashiwagidaira.jp>
- E-mail: lake@kashiwagidaira.jp

Accommodation Options

- * Feel free to eat at the local restaurants when staying at one of the B&Bs (bed & breakfast)
- * People staying in the town get a bicycle rental discount (if bicycle returned the same day). Discount coupons available at the hotel or B&B.

Credit cards accepted English speakers welcome Internet access available Wi-Fi

*The prices shown are March 2019 prices.

Public Accommodation

Takamuro Suikoen Park

7-175-2 Kashiwazaki, Tsuchibuchi-cho, Tono



MAP E3

- No. rooms: 9; 1 group per day can stay in the Nanbu magariya (April~Oct; please call about reservations in November)
- No. parking spaces: 250
- <http://www.tono-suikouen.jp>
- E-mail:suikouen@tonotv.com

Nokaminshuku

Agriturismo Omorike

18-189-1 Tsuchibuchi, Tsuchibuchi-cho, Tono



MAP E3

- No. cabins: 2
- No. parking spaces: 20
- Price(1 night, 2 meal): 9,000 yen~ (inc. tax)
- <http://sinoboo.wix.com/agriturismo-bigwoods>
- E-mail:o-jungle@tonotv.com

Nokaminshuku

Nokaminshuku Suzukuri-tei

5-2-2 Hirakura, Kamigo-cho, Tono



MAP E4

- No. cabins: 3 (5 person/triple/triple)
- No. parking spaces: 23
- Price(1 night, 2 meals): 7,000 yen (inc. tax)
- <http://ameblo.jp/kikuti-kikuko/>
- Fax: 002-81-198-65-2581

Nokaminshuku

Nokaminshuku Mizuki

34-104-1 Shimomasuzawa, Miyamori-cho, Tono



MAP C4

- No. cabins: 3 (6 people)
- No. parking spaces: 5
- Price(1 night, 2 meals): 6,800 yen (inc. tax)
- E-mail:mizuki-m@tonotv.com

Nokaminpaku

Koya Yauemon

54-41 Tassobe, Miyamori-cho, Tono



MAP B4

- No. cabins: 2 (8 people)
- No. parking spaces: 12
- Price(1 night, 2 meals): 7,000 yen (inc. tax) + 3000 yen to support the maintenance and preservation of the building.*Price for additional nights is just 7,000 yen (inc. tax).
- <http://www.koya-yauemon.net>

Nokaminpaku

Nokaminpaku Tsukushi Farm

5-60-2 Shimotsukimoushi, Tsukimoushi-cho, Tono



MAP D2

- No. cabins: 1 (4 people)
- No. parking spaces: 30
- Price(1 night, 2 meals): 7,000 yen (inc. tax)
- <https://www.tsukushi-farm.com>
- E-mail:tukushi-farm@tonotv.com



Unedorisama Shrine:
About 6mins from Tono Station

Gohyaku Rakon (500 Buddhist Disciples):
About 13mins from Tono Station

Fukusen-ji Temple:
About 12mins from Tono Station

Tono Furusato Village:
About 18mins from Tono Station

Sightseeing taxi “powerspot” tours

There are lots of “powerspots (places where mystical energy is thought to flow)” in Tono that you’ll want to take the trouble to visit. Everywhere you go is full of natural beauty and great for taking pictures so you will feel refreshed just by taking a leisurely stroll there.

So, why not take a 3-hour tour of Tono’s powerspots in a private taxi?



Tono kotsu

Credit cards accepted

Rakuten Pay, PayPay and Alipay accepted

tel.0198-62-3355

E-mail:info@tonokotu.com
You can make reservations on VELTRA also



Miyamori kotsu

Credit cards accepted

Rakuten Pay, PayPay accepted

tel.0198-67-2120

E-mail:miyamoritaxi@miyamorikotsu.com



Maruki taxi

Credit cards accepted

Rakuten Pay, PayPay accepted

tel.0198-62-0123

E-mail:marukitakushi@tmtno.jp

Prices for private hire	4-seater taxi	5,460 yen (inc. tax) per hour
	9-seater taxi	8,800 yen (inc. tax) per hour

Tablets that can be used in a variety of foreign languages available

*The prices shown are March 2019 prices.



Hanamaki

1 Hanamaki Onsens

There are 12 separate onsens in the west of the city. Each of these onsens has its own unique character, from traditional onsens unchanged for many years, to large scale resort onsens with the latest modern hotel facilities. Many of the onsens allow you to come just for the day, so people can feel relaxed using the baths without having to stay there.



Hanamaki

3 Hanamaki Nitobe Memorial Hall

Under-Secretary General of the League of Nations, Inazo Nitobe is famous as the author of "Bushido", one of the finest expressions of the Japanese mentality in the English language. There are many displays here where you can see how Inazo devoted his life to international peace and to education, and also a number of artifacts from the Nitobe household.

• 4 minutes by car from JR Shin-Hanamaki Station



Hiraizumi

5 Motsu-ji [World Heritage Site]

Originally founded by the famous Japanese monk Ennin in 850 AD, the magnificent temple complex was built by the Oshu Fujiwara nobles around 1180, at the end of the Heian period. The original buildings have been lost, but the Pure Land garden from Buddhist literature remains essentially intact.

• 10 minutes walk from JR Hiraizumi Station.



Hanamaki

2 Kenji Miyazawa Memorial Hall

This is a place where we can all learn more about Kenji Miyazawa, a man who did great work in the fields of literature, agriculture and education. There are a lot of his personal belongings and other artifacts connected to him, as well as screen displays to learn more about the man himself and the things he did during his life.

• 2 minutes by car from JR Shin-Hanamaki Station



Hiraizumi

4 Takkokunoiwaya Bishamondo

In around 790 AD, the shogun Sakanoue no Tamuramaro was charged by the Emperor with subduing the indigenous Emishi peoples of this untamed part of Japan, and it is believed that he founded this temple complex, with its 108 statues of Vaisravana (the guardian god of Buddhism), as a sign of gratitude for his success.

• 10 minutes by car from JR Hiraizumi Station



Hiraizumi

6 Chuson-ji [World Heritage Site]

Fujiwara no Kiyohira, first of the Oshu Fujiwara lords, founded this temple complex at the start of the 12th century on the mountain first cleared by the ancient Buddhist monk Ennin. This is a treasure of Heian period beauty with over 3000 individual pieces recognized as national treasures or important cultural assets.

• 10 minutes by car from JR Hiraizumi Station

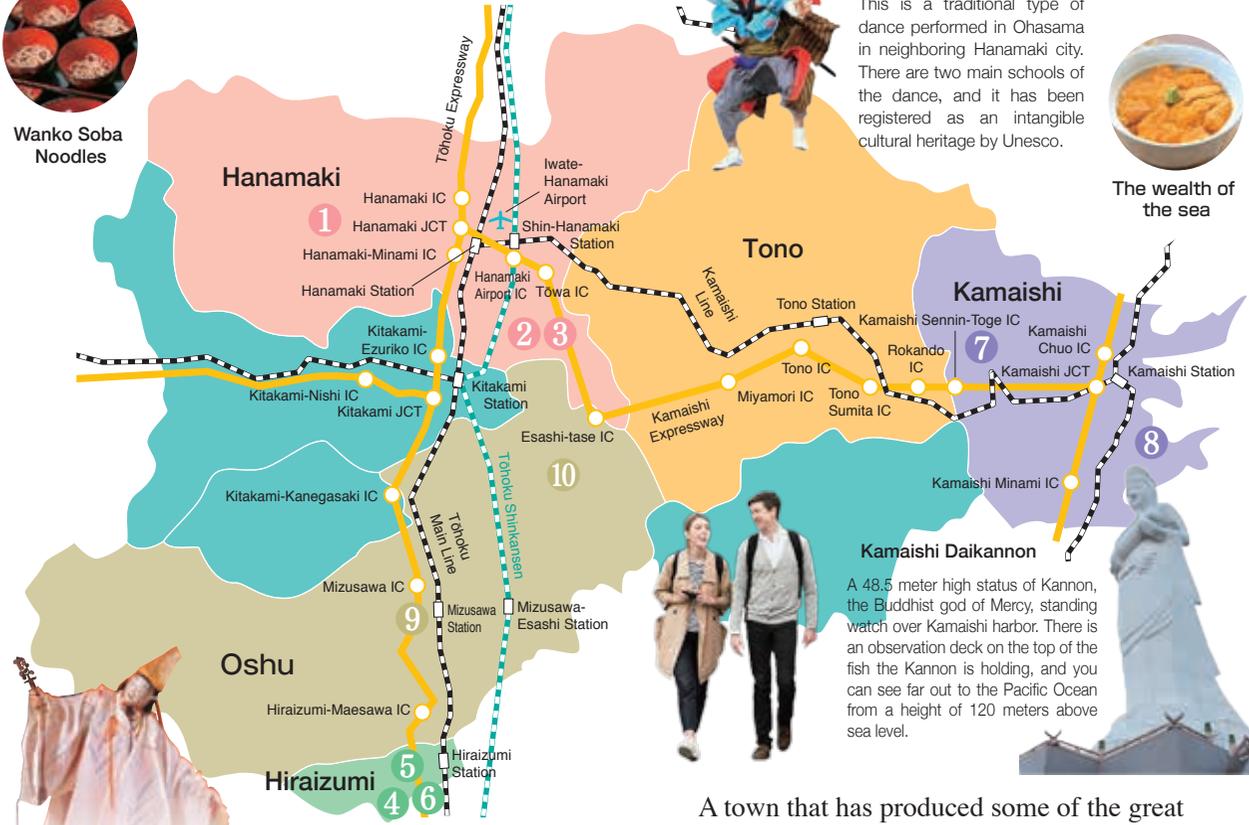
Kenji Miyazawa and the Onsen Town

HANAMAKI 花巻

Located in the central western part of Iwate prefecture, Hanamaki is famous as the home of poet and children's story writer, Kenji Miyazawa. Also popular for the onsens, there are 12 different hot springs throughout the city.



Wanko Soba Noodles



Ennen no mai

A traditional dance performed at Motsu-ji. The dance has been recognized as an important cultural property by the Japanese government for the refined Heian period atmosphere and traditional manner in which it is performed.



Hidehira Lacquer

An ancient city to remind us of the ebbs and flows of history

HIRAIZUMI 平泉

The temple complexes and ruins from the Oshu Fujiwara clan, including the Konjiki-do or "Golden Hall" at Chuson-ji, have been registered as a World Heritage Site by UNESCO.

Places to see around TONO

Hiraizumi | Hanamaki | Kamaishi | Oshu



Hayachine Kagura Dance

This is a traditional type of dance performed in Ohasama in neighboring Hanamaki city. There are two main schools of the dance, and it has been registered as an intangible cultural heritage by Unesco.



The wealth of the sea



A town that has produced some of the great Japanese scientists and politicians

OSHU 奥州

Oshu is located in the central southern part of the prefecture and has produced many great academics and politicians throughout Japanese history. It is also one of the homes of "Nanbu Tekki"; cast iron ware that is now popular throughout the world.



Nanbu Tekki Ironworks

Nanbu Tekki ironworks were born around 950 years ago in Oshu, origin of the Oshu-Hiraizumi civilization. These kinds of ironworks have recently become popular all around the world.



Apples

There is also a lot to see and do in the areas surrounding Tono. Take some time to visit these places as well.



Kamaishi

7 Hashino Iron Mining and Smelting Site [World Heritage Site]

Takato Oshima is considered the father of modern iron manufacture in Japan, and this is the site where he installed the first western-type iron furnace in Japan in 1858. There is also the mine which supplied the iron ore for the furnace. This place is an historical monument to the history of modern iron manufacture in Japan, with many artifacts from the time preserved and on display.

• 50 minutes by car from JR Kamaishi Station



Kamaishi

8 Iron and Steel Museum

This is a place to enjoy yourself while you learn about the history of iron and see how iron was made, as well as enjoy the theatre as you learn about Kamaishi's connection to the iron industry. The main attraction is a full size recreation of the furnace from the Hashino Iron Mining and Smelting Site. There is also a great view of Kamaishi Port from the outdoor terrace.

• 5 minutes by car from JR Kamaishi Station

The town of iron and the riches of the sea: recovering from the tsunami

KAMAISHI 釜石

You can sense the history of this port town and its connection with the steel and iron industry in Japan, including the Hashino Iron Mining and Smelting Site, which is one of the sites registered in July 2015 as a Unesco world heritage site for its part in the Meiji industrial revolution in Japan. The Sanriku area this town is in is also proud of the rich and fresh seafood which can be caught here.



Oshu

9 Shinpei Gotō Memorial

Shinpei Goto was a doctor, bureaucrat and politician born in Mizusawa in Oshu. He is also known as the civilian head of the Japanese government in Taiwan during Japan's annexation of the island. There are many artifacts on display here, from his youth through to the time of his last years.

• 5 minutes by car from JR Mizusawa Station

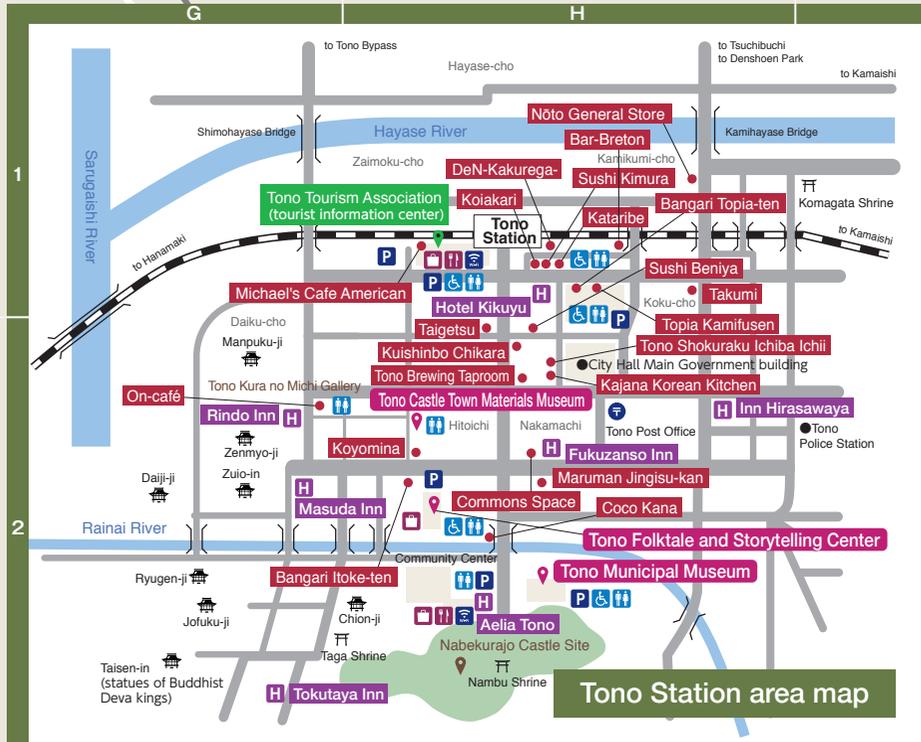


Oshu

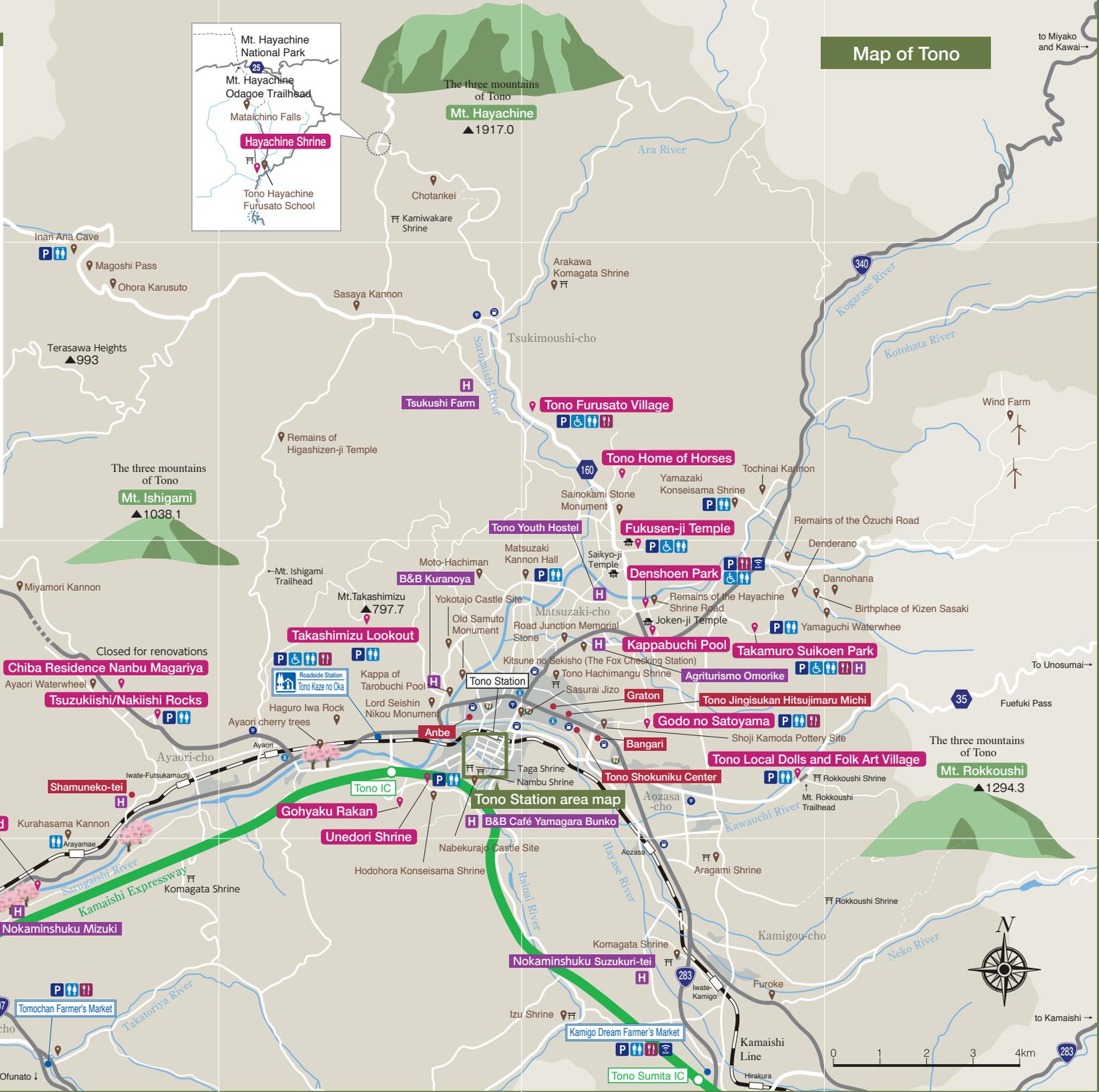
10 Esashi-Fujiwara Heritage Park

This is a theme park where you can go back and experience the history and culture of the Oshu Fujiwara clan of the 12th century. There are many things to do, including getting dressed up in clothes of the age. Often used as a movie and television series shooting location.

• 17 minutes by car from JR Mizusawa-Esashi Station



Map of Tono



Map Legend

- Parking
- Toilets
- Multipurpose Toilets
- Accommodation
- Dining
- Souvenirs
- Gasoline Station
- Free Wi-Fi
- Post Office
- Shinto Shrine
- Buddhist Temple



IWATE ACCESS INFORMATION

Expressway

- **Tohoku Expressway**
 - Kawaguchi ⇄ Tono Approx. 6 hours and 20 minutes
 - Aomori ⇄ Tono Approx. 3 hours and 20 minutes
 - Sendai-Miyagi ⇄ Tono Approx. 2 hours and 20 minutes
- **Akita Expressway**
 - Akita Chuo ⇄ Tono Approx. 2 hours and 30 minutes
- **Kamaishi Expressway**
 - Towa ⇄ Tono Approx. 40 minutes
 - Hanamaiki Airport ⇄ Tono Approx. 47 minutes

By train

- **Tohoku Shinkansen-Line**
 - Tokyo ⇄ Shin-Hanamaki Approx. 2 hours and 35 minutes
 - Sendai ⇄ Shin-Hanamaki Approx. 1 hour
 - Shin-Aomori ⇄ Shin-Hanamaki Approx. 1 hour and 30 minutes
 - Morioka ⇄ Shin-Hanamaki Approx. 12 minutes
- **Hokkaido Shinkansen-Line**
 - Shin-Hakodate Hokuto ⇄ Morioka Approx. 1 hour and 48 minutes
- **Akita Shinkansen-Line**
 - Akita ⇄ Shin-Hanamaki Approx. 1 hour and 55 minutes
- **Kamaishi-Line**
 - Shin-Hanamaki ⇄ Tono Approx. 40 minutes

By plane

- Sapporo ⇄ Iwate Hanamaki Airport 55 minutes (Shin-Chitose)
- Nagoya ⇄ Iwate Hanamaki Airport 1 hour and 30 minutes (Komaki)
- Fukuoka ⇄ Iwate Hanamaki Airport 2 hours and 10 minutes (Itami)
- Osaka ⇄ Iwate Hanamaki Airport 1 hour and 15 minutes (Itami)

* 10 minutes by taxi from Hanamaki Iwate Airport to Shin-Hanamaki Station



Where to go first on your trip in Tono!



Tono Tourism Association

Tono tourist information center
Speak to the staff here about what to see and where to stay in Tono.

Mail: toiawase@tonojikan.jp

5-8 Shinkou-cho, Tono, Iwate; in front of Tono Station
Business hours: 8:30~ 17:30
Regular holiday: 12/31-1/1



- Tono Tourism Association
- Denshoen Park
- YumeSanchoku Kamigo
- Aeria Tono

General incorporated association

Tono Tourism Association URL <https://tonojikan.jp/>



"Tono Sightseeing Guidebook" available for free download.

Download the free app "CatalogPocket" to your smartphone or table, click on the Q icon and search for "Tono".

Go to download page from the QR code :

